



Our Policy for Anti Bullying

Written by the children!

What is bullying?

- It can be one person or a group of people.
- It doesn't just happen once, it happens lots over time.
- There are different types of bullying, **verbal, physical emotional and cyber** and they are **all** as bad as each other.

Bullying is not:

- A one off fight or argument.
- A friend sometimes being nasty.
- A quarrel with a friend.

Bullying is wrong. It shouldn't happen. At Lyncrest, we do all that we can to stop it!

What can we do?

- The **governors** support Mrs O'Neill to stop bullying happening. They monitor behaviour at school.
- Mrs O'Neill has the important job of making sure that **all** staff know about our behaviour policy.
- The **teachers and support staff** take all types of bullying **very** seriously. They never ignore bullying or make guesses as to what has happened. Teachers listen to everyone's point of view. Teachers deal with problems **straight away** and record it.
- **Parents** who are worried about bullying should tell the class teacher as soon as possible. They can also tell Mrs O'Neill if they wish. Parents should read and support our policy at all times.
- **Pupils** must tell someone they trust as soon as they are upset and if it continues they must tell an adult. Pupils can always use the worry box in the classroom if they feel that they cannot talk about it.

This policy will be reviewed by all of these groups regularly.

Remember:

- **Everyone has bad days**
- **It's not your fault if you feel like you are being bullied.**
- **It is unfair and wrong to bully others.**
- **You don't have to face things on your own –tell somebody.**
- **Everyone at Lyncrest is special and deserves respect.**